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The Form of Image. Liturgical formation

The thought of Guardini on the liturgy proves fruitful even today, highlighting the close relationship between liturgical form, reality and experience of the totality of the person. Guardini, when he speaks of „form“, always means „living form“, which is born from an original meeting, the encounter between the man who knows how to look and feel and the reality that occurs. Without dedication, no contact is made, and then the form disappears and is replaced by abstraction. Guardini is very concerned that the training does not follow the road to abstraction and interiority. The liturgy is a "way of life", overflowing with energy, not an object to which we must give meaning. It is a life force, a resource that renews and gives meaning to our lives. Therefore, the liturgy does not depend on formulas and concepts; it needs images and sounds to stimulate us by what they radiate. We need to keep polarity between the inner and outer, spirit and body, unity and difference, in order to understand the priorities of the act in the liturgy and ritual act. Only by taking action can something touch us.